

A DAY IN THE LIFE OF JERICHA

International Student

High  Low

BUS STOP

Jericha takes the bus to school. She listens to music, reviews flash cards for an upcoming midterm, and texts her friends on the way.

HOME

Jericha gets up at 9am and gets ready for a full day of school.

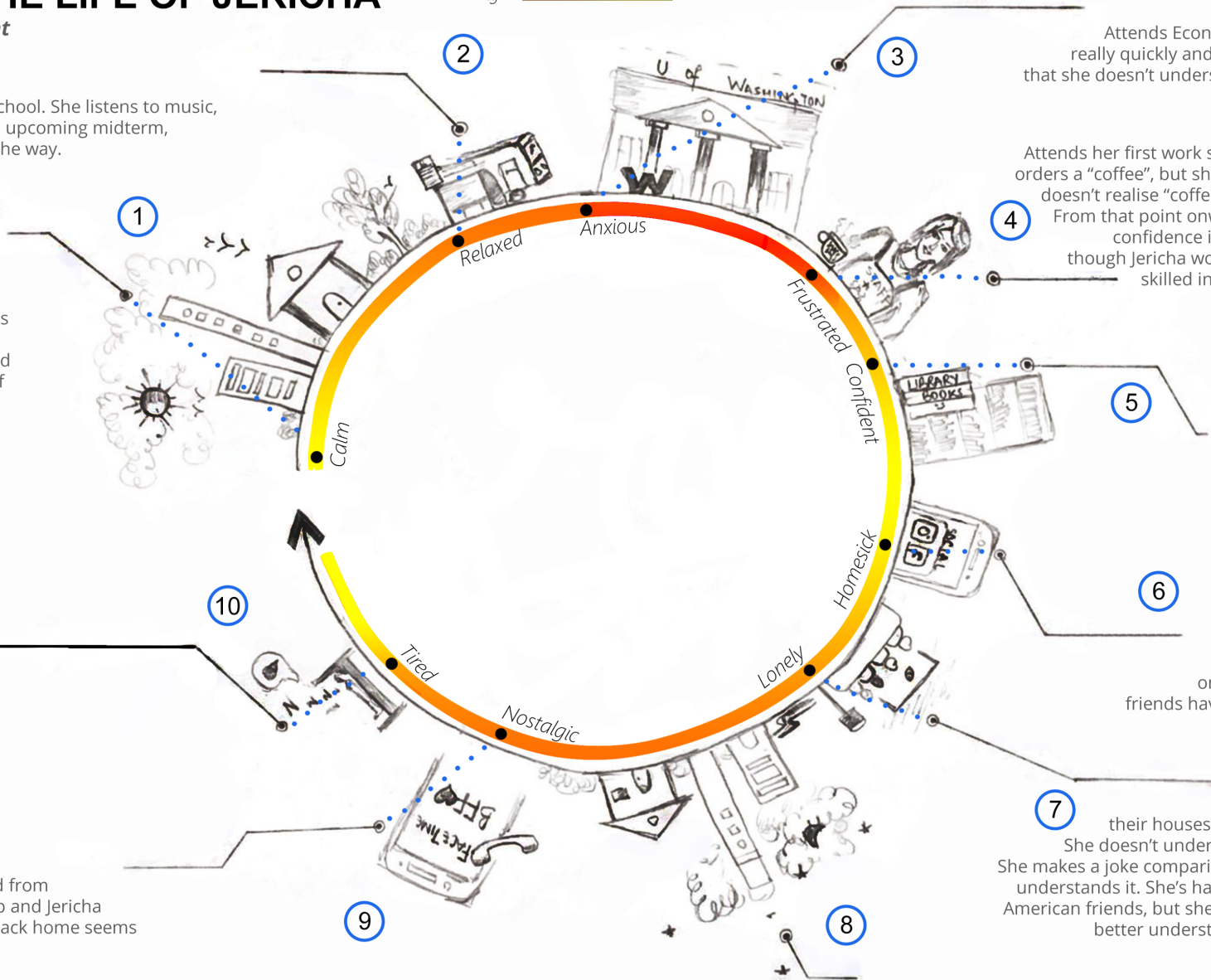
She meditates for 30 mins before getting breakfast. This helps her refocus and mentally prepares herself for the day.

HOME

Goes to sleep.

HOME

FaceTimes her best friend from back home. They catch up and Jericha misses home. Everyone back home seems to be doing amazing.



ECONOMICS CLASS

Attends Economics class. Her professor speaks really quickly and uses a lot of difficult terminology that she doesn't understand, but everyone else seems to.

WORK

Attends her first work shift at a campus cafe. A customer orders a "coffee", but she mixes up the order because she doesn't realise "coffee" means "drip coffee" in America. From that point onwards, her coworker began lacking confidence in her coffee-making abilities even though Jericha worked at a cafe back in India and is skilled in making more complicated drinks.

LIBRARY

Goes to library to do homework and study for her upcoming Economics midterm.

LIBRARY

Checks Instagram and Facebook on phone and sees pictures of her friends having fun back home in New Delhi.

FRIEND'S HOUSE

Meets friends at one of their houses to watch football and eat dinner. She doesn't understand any of the rules in football. She makes a joke comparing football to cricket, but nobody understands it. She's happy that she has a good group of American friends, but she wishes that she had friends who better understood her culture and background.

BUS STOP

Takes the bus home and reviews flash cards for her Economics midterm.